



THRIVE MARTIAL ARTS

Conveniently located next to King Soopers on Main Street

1540 Main St #206 Windsor, CO 80550

970-674-0321 www.ThriveATA.com

Starts August 5th 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Beginner Tigers 4:00 - 4:30 PM		Beginner Tigers 4:00 - 4:30 PM		
Advanced Tigers 4:00 - 4:40 PM		Advanced Tigers 4:00 - 4:40 PM		
White, Orange, & Yellow Belts 4:40 - 5:20 PM	Black Belts 4:40 - 5:20 PM	White, Orange, & Yellow Belts 4:40 - 5:20 PM	Blue - Red Belts 4:20 - 5:00 PM Camo - Purple Belts 4:40 - 5:20 PM	Beginner Sparring (Drills & Concepts) 4:30 - 5:00 PM
Camo - Purple Belts 5:20 - 6:00 PM	Beginner Tigers 5:20 - 5:50 PM	Camo - Purple Belts 5:20 - 6:00 PM	Beginner Tigers 5:20 - 5:50 PM	XMA 5:00 - 5:30 PM
Blue - Red Belts 5:40 - 6:20 PM	Advanced Tigers 5:20 - 6:00 PM	Blue - Red Belts 5:40 - 6:20 PM	Advanced Tigers 5:20 - 6:00 PM	Demo Team 5:00 - 5:50 PM
Black Belt Prep (Red-Red/Black) 6:20 - 6:50 PM	White, Orange, & Yellow Belts 6:00 - 6:40 PM	Leadership 6:20 - 6:50 PM	White, Orange, & Yellow Belts 6:00 - 6:40 PM	Leadership 5:50 - 6:20 PM
Black Belts 6:50 - 7:30 PM	Camo - Purple Belts 6:40 - 7:20 PM Blue - Red Belts 7:00 - 7:40 PM	Black Belts 6:50 - 7:30 PM	1st Degree Black Belts 6:40 - 7:20 PM 2nd Degree & Above 7:10 - 7:50 PM	Advanced Sparring 6:20 - 6:50 PM
Adults 7:30 - 8:10 PM	Adults 7:40 - 8:20 PM	Adult & Black Belt Sparring 7:30 - 8:00 PM	Adults 7:50 - 8:30 PM	
Legacy Training 8:10 PM	Adult Sparring 8:20 - 8:40 PM	Adults 8:00 - 8:40 PM		

Please Note:

- ◆ Advanced Tigers are Tiger yellow belts and above WITH sparring gear
- ◆ Kids and Tigers may wear Thrive T-Shirts and Thrive Pants on Wednesday's and Friday's
- ◆ Please keep an eye on our Facebook page for updates and announcements